Celebrate the Past:
Hope for the Future

2017 | ANNUAL REPORT
Introduction
A community free of the spread of HIV where those persons already infected and affected by HIV and AIDS are living positively with an improved quality of life.

We aim to curb the further spread of HIV infection among the less-privileged members of society and enable those already living with HIV and AIDS to live a responsible and dignified life. We do this by educating individuals and the community about HIV and AIDS and providing holistic care to those already infected and their families.
Because Reach Out Mbuya and Our Lady of Africa Church serve the most vulnerable in our community, maintaining hope is not always easy. But the Book of James tells us that “faith by itself, if it is not accompanied by action, is dead.” Our community works every day to keep our faith alive through good works in service of our neighbours.

As Parish Priest of Our Lady of Africa Parish Mbuya, I am proud to support our charity partner that makes a remarkable impact in the lives of those living with HIV. Moreover, I am overwhelmed by the support of our friends who contribute generously to this cause. In addition to major donors from around the world, contributions from within the parish and local businesses propel our accomplishments. We are deeply grateful to all who contribute to this mission of halting the spread of HIV. Our community is indebted to you for your kindness.

I am humbled by Reach Out Mbuya’s accomplishments and impact through its history and pray for the program as it continues to maintain excellence in client care. Together we will continue to focus our impact on the most vulnerable in our community and empower people to live productive, safe lives by the Grace of God. Thank you to the parishioners, donors, staff, clients, and other stakeholders who make Reach Out Mbuya’s work possible. May God bless you all.

Fr. John Mungereza
Chairman Board of Directors

During my time leading Reach Out Mbuya, I have seen changes in programs, guidelines, and funding schemes in order to halt the spread of HIV/AIDS in Uganda. What has never changed since the height of the epidemic, however, is the power of spiritual guidance and God’s love. No matter their faith, we see every day that clients who maintain spirituality and dedicate themselves to positive change develop Hope for the Future.

As the Executive Director of Reach Out Mbuya Parish HIV/AIDS Initiative, I am privileged to present to you the 2017 annual report, which outlines the year’s accomplishments and impact in the communities where we serve. This year, Reach Out Mbuya has endeavoured on new opportunities and objectives—taking essential steps toward our mission to stop the spread of HIV and AIDS. We have formed new strategic partnerships, expanded our capacity in HIV screening and prevention, and ultimately made great strides in the fight to end HIV/AIDS in our communities.

Despite years of engagement with Our Lady of Africa Mbuya Parish and Reach Out Mbuya community, 2017 was my first year leading the organization as Executive Director. I have spent this year being guided by the unique passion and legacy the clients, staff, and parishioners have driven every day. As such, the theme for this report—Celebrate the Past, Hope for the Future—looks backward and forward. It is from our strong community roots and 16 years of lifesaving work that we will grow, and I am honoured to lead Reach Out Mbuya Parish HIV/AIDS Initiative on its ongoing journey.

To guide our organisation, I have worked closely with the Board of Directors to develop our upcoming strategic plan, aptly titled Hope For The Future.

I would like to acknowledge Reach Out Mbuya’s donors and partnerships that make our work possible. We are so thankful for your support and look forward to growing with you. Finally, in the name of client focus that we hold above all else, I would like to thank Reach Out Mbuya clients and beneficiaries for their dedication to our program. Your engagement and support in your communities fuels us, and I commit to working with you to achieve our shared goals.

Justina Kihika Stroh
Executive Director
96.1% of our clients are living with a suppressed viral load.

We have achieved 2/3 of the UNAIDS 90-90-90 targets.

90.4% of people diagnosed with HIV were linked to sustained ARV therapy through our program in 2017, surpassing the national UNAIDS 90 target.

96.1% of our clients are living with a suppressed viral load.

We go Beyond:

Reach Out Mbuya Parish HIV/AIDS Initiative was founded in 2001 as a response to the HIV/AIDS epidemic in Uganda’s central region. Just one year prior, the Ministry of Health announced that almost everyone in Uganda had lost someone—a parent, child, friend, or relative—as a result of the disease or related infections. As the country battled against HIV, communities across Kampala sought guidance and comfort at Church. Our Lady of Africa Church Mbuya, a large Parish frequented by up to 10,000 parishioners weekly, was overwhelmed by the medical, social, emotional, and spiritual support that its community required. Parish faith leaders including the late Father Joseph Archetti joined their efforts with medical professionals led by Dr. Margrethe Juncker to provide holistic service to HIV infected and affected members of the society.

Reach Out Mbuya has provided over 16,000 clients with medical care and reached thousands more with other forms of support.

Our program operates a holistic model that not only provides direct medical care for People Living with HIV (PLHIV), but provides support for the body, mind, family, and community. This holistic approach empowers clients and their families in all aspects of their lives and promotes resilience against future shock. Our model of care is community-based and peer-centered to improve client service. Our community roots allow us to meet beneficiaries where they are and identify evolving barriers to care and treatment. Through this model, we involve people living with HIV in service delivery, with over 38.5 percent of staff drawn from enrolled clients.

History:

The community blesses late Fr. Joseph Archetti, co-Founder, with Dr. Margrethe Juncker in attendance (left).

Our Lady of Africa Church Mbuya (background) and Reach Out Mbuya’s headquarter site and clinic.

From its founding to 2017, Reach Out Mbuya has provided over 16,000 clients with medical care and reached thousands more with other forms of support.
Where We Work:

1.2 million people aged 15-64 are living with AIDS in Uganda. This rate is higher among women living in urban areas (9.8%) [UPHIA 16/17].

How We Work:

Achieving our objectives and providing excellent client service is a team effort. A majority of our staff work at the community level to monitor client wellbeing and mobilize neighbourhoods for HIV Counselling and Testing (HCT) and prevention activities. Meet our on-the-ground change agents:

**CATTS**
Community ART and TB Treatment Supporters, are sources of guidance, knowledge and support for our clients and their families. Every client who is linked into our program is connected to a CATTS that live and work in their neighbourhood. CATTS conduct home visits, follow-up vulnerable patients, and serve as the essential connection between the communities and our sites. In 2017, 30 Community Workers worked in our program.

**M2M**
Mother to Mother Supporters, are CATTS that successfully completed the Reach Out Mbuya elimination of mother-to-child transmission program. They support pregnant mothers and guide them through the steps of producing HIV negative babies.

**TAS**
Teenage and Adolescent Supporters, are CATTS that work exclusively with our young clients to ensure that they adhere to their treatment, commit to education, and are mentored by alumni of our adolescent program.

Where We Work:

Reach Out Mbuya works with the rural, peri-urban and urban poor communities within Uganda’s Kampala, Wakiso, Luwero, and Nakaseke Districts.
Reach Out Mbuya has provided over 16,000 clients with medical care and reached thousands more with other forms of support.
Medical Service Provision

As Reach Out Mbuya strives toward a future free of HIV, our program engages PLHIV and other essential stakeholders to sensitize, educate, and provide testing services in the communities where we work. The Government of Uganda, United Nations, and other international stakeholders are striving to ensure that 95 percent of all people living with HIV know their status and are accessing treatment. Our Community, Medical, and Counselling teams work to ensure that HIV is de-stigmatized and our communities know their status.

HIV Counselling and Testing (HCT)

26,408 were tested for HIV
5% tested HIV+

13,817 men were tested for HIV in 2017 (1,700 more, compared to 2015 & 2016)
4% tested HIV+

1,315 people tested HIV+
90.4% HIV+ were linked into care

HIV Counselling and Testing Results, 2017

<table>
<thead>
<tr>
<th>AGE</th>
<th>Tested and received results</th>
<th>Tested HIV positive</th>
<th>Linked to care</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;5</td>
<td>679</td>
<td>19 21</td>
<td></td>
</tr>
<tr>
<td>5-9</td>
<td>1100</td>
<td>18 15</td>
<td></td>
</tr>
<tr>
<td>10-14</td>
<td>2790</td>
<td>57 47</td>
<td></td>
</tr>
<tr>
<td>15-18</td>
<td>1140</td>
<td>1025</td>
<td></td>
</tr>
<tr>
<td>19-49</td>
<td>16813</td>
<td>1057</td>
<td></td>
</tr>
<tr>
<td>50+</td>
<td>63 54</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Totals: Tested Male: 13,817 Female: 12,591 Total: 26,408 Positive: Male: 564 Female: 751 Total: 1,315 Linked: Male: 495 Female: 683 Total: 1,178

Hop on Our Mobile Van!

10,687 people benefitted from the mobile van, which reached men and women equally.

In 2017, outreach staff took the Reach Out Mbuya mobile van into the community 164 times. The van, purchased with the support of the Stephen Lewis Foundation, helps our staff, resources, and impact go beyond our four permanent sites. Through the mobile van program, we provide HCT, distribute treatment to MARPS and other clients, as well as educate members of the community on healthy practices to prevent HIV.
Spotlight on Male Engagement

For the first time in our history, Reach Out Mbuya reached more men with HIV Counselling and Testing than women. This is a result of a deliberate effort to reach men who do not know their HIV status, engage in healthy practices, or are hiding their health challenges to themselves and their partner. To increase male engagement in our program, Reach Out Mbuya launched weekly Men Moonlight Clinics that allowed for off-hours and anonymous testing services and screening for other conditions.

Through the clinics, men can receive HCT, and screening for prostate cancer, Sexually Transmitted Infections, hypertension and diabetes. The prevention team also expanded the Operation Gideon program, which mobilizes groups of HIV+ and HIV- men to discuss their unique challenges and resources for support. Women and children continue to be at the core of our work, but efforts to achieve gender parity in HIV testing outreach is essential to curb the spread of HIV within our area.

52% people tested were men.

25 men each week are received at the weekly Moonlight Clinic.

37 clients are now receiving care during the weekly evening program.

505 adult males received information about Voluntary Male Medical Circumcision (VMMC).

155 men who were referred for VMMC completed the service.

For the first time in our history, we reached more men with HIV Counseling and Testing than women in an effort to reach men who do not know their HIV status.
Reach Out Mbuya provides care and support to the Most At Risk Populations (MARPS) to reduce the spread of HIV to their partners. Our excellent support and treatment not only helps clients and their families live to their full potential, but also serves as a prevention mechanism by promoting adherence and viral load suppression. Our medical program ensures that all clients can live with dignity and have the knowledge they need to end the spread of HIV.

An elderly client describes how he adheres to his daily HIV medication through his detailed notebook provided by Reach Out Mbuya.

After the death of her mother, this toddler is cared for by her grandmother -- a beneficiary of Reach Out Mbuya. The pair comes to our Kasaala site monthly for check-ups and social support.
Since our founding, Reach Out Mbuya has held quality medical care at the core of our programs. Excellent support and treatment not only helps clients and their families live to their full potential, but also serves as a prevention mechanism by promoting adherence and viral load suppression. Our medical program ensures that all clients can live with dignity and have the knowledge they need to end the spread of HIV. These programs are reinforced by a rigorous and ongoing quality improvement program, which informs innovative approaches to address emerging needs.

8,622 clients in care were supported by Reach Out Mbuya in 2017. 83.6% clients were tested for viral load in 2017, a 7.04% increase from 2016. 96.1% were living with suppressed viral load. Reach Out Mbuya’s clients have achieved the ambitious UNAIDS “90” Goal on viral load suppression rates. [Suppression rate for men is 95.3%; women is 96.3%; children is 89.3%].

1,091 new clients were enrolled onto our program. 94.64% clients were retained in 2017.

1,285 clients were newly started on an ART regimen. 100% of Reach Out Mbuya clients are on an ART regimen, an 11% increase from 2016.

61% of clients are female. 4% of our clients are on second-line treatment.

### Clients in Care, 2017

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;5</td>
<td>129</td>
<td>119</td>
</tr>
<tr>
<td>5-14</td>
<td>219</td>
<td>197</td>
</tr>
<tr>
<td>15-24</td>
<td>1014</td>
<td>602</td>
</tr>
<tr>
<td>25-34</td>
<td>2274</td>
<td>1382</td>
</tr>
<tr>
<td>35-49</td>
<td>1326</td>
<td>914</td>
</tr>
<tr>
<td>50+</td>
<td>285</td>
<td>161</td>
</tr>
</tbody>
</table>

96.1% were living with suppressed viral load. Reach Out Mbuya’s clients have achieved the ambitious UNAIDS “90” Goal on viral load suppression rates. [Suppression rate for men is 95.3%; women is 96.3%; children is 89.3%].
Teddy is a mother of four and has been a client of Reach Out Mbuya since 2013. She gave birth to her two youngest sons, Ezikiel (2.5 years) and Emmanuel (14 months), through our Prevention of Mother to Child Transmission Program (PMTCT). Teddy first came to Reach Out Mbuya when she was feeling very ill. “By that time my friend took me to test for HIV at Reach Out, I was found positive, put on treatment, and quickly grew stronger.” she explained.

After participating in Reach Out Mbuya’s psychosocial and economic empowerment programs, Teddy grew stronger and began to work at a bedsheet factory. On one of her clinic days, she met Martin who was feeling extremely sick. “It was raining that day, and he was so weak so I asked community workers where he stayed and I found he lived near me,” Teddy explained. “I gave him my phone number and contacted him to see how I could support him because I was strong by that time.”

“She helped me so much, Once I learned to take my drugs well and grew stronger, I found her and told her I wanted to marry her,” Martin explained. Teddy and Martin married in August 2013. When Teddy became pregnant, she notified Lillian Akot, a Reach Out Mbuya Mother to Mother supporter. Lillian guided teddy throughout her pregnancy and gave her nutrition, birthing, and newborn care guidelines. “Going through the program at Reach Out is not hard,” Teddy said proudly. “I now have two strong boys who are very okay.”

Because of Reach Out Mbuya’s emphasis on male involvement and partner support, Martin was included in Teddy’s PMTCT journey for Ezikiel and Emmanuel. “I am always with her for antenatal visits, and I prepared for the delivery with her, I think it was very important for me to learn about these things for the health of my children,” he said.

Teddy and Martin now operate a small shop in the Acholi Quarters slum of Kampala, which includes a salon, photo studio, and a market. The couple was able to open the shop through their Reach Out Mbuya Family Support Group, which supports pregnant and lactating mothers through saving and economic support.

“Reach Out is a place of love and care, I have benefitted physically, spiritually, and financially from the program and I thank God for that,” she explained.
This year, Reach Out Mbuya scaled up its ability to support clients who are living positively and with low viral load. Our goal is to help eligible clients integrate HIV care and treatment into their daily lives, and not let the virus define them. Following the PEPAR Country Operational Plan 2016 (COP16), we adopted the Community Differentiated Service Delivery Model to decongest facilities and provide an extended amount of drugs for well-adhering clients. In 2017, staff participated in the DSDM launch meeting and developed standard operating procedures for implementation of the program.

### Differentiated Service Delivery Model (DSDM):

Following the PEPAR Country Operational Plan 2016 (COP16), we adopted the Community Differentiated Service Delivery Model to decongest facilities and provide an extended amount of drugs for well-adhering clients. In 2017, staff participated in the DSDM launch meeting and developed standard operating procedures for implementation of the program.

<table>
<thead>
<tr>
<th>Clients screened for Tuberculosis (TB)</th>
<th>Counselling and Support by nutrition specialists</th>
</tr>
</thead>
<tbody>
<tr>
<td>14,621</td>
<td>6,415</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>People diagnosed with active TB or with TB/HIV co-infection</th>
<th>People received food supplements</th>
</tr>
</thead>
<tbody>
<tr>
<td>185</td>
<td>180</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>People treated for other sexually transmitted infections (STIs)</th>
<th>Vulnerable clients placed on a formal nutrition program and were closely monitored for complications relating to malnutrition</th>
</tr>
</thead>
<tbody>
<tr>
<td>75</td>
<td>150</td>
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<table>
<thead>
<tr>
<th>Women of reproductive age referred for family planning services to public-private partnerships</th>
</tr>
</thead>
<tbody>
<tr>
<td>131</td>
</tr>
</tbody>
</table>

### Reach Out Mbuya’s medical care goes beyond ARV and HIV treatment

- 14,621 people were screened for Tuberculosis (TB), a key opportunistic infection among people living with HIV.
- 6,415 clients were provided Counselling and Support by nutrition specialists.
- 185 people were diagnosed with active TB or with TB/HIV co-infection.
- 180 people received food supplements.
- 75 people were treated for other sexually transmitted infections (STIs).
- 150 vulnerable clients were placed on a formal nutrition program and were closely monitored for complications relating to malnutrition.
- 131 women of reproductive age were referred for family planning services to public-private partnerships.

### Laboratory and Pharmacy:

<table>
<thead>
<tr>
<th>Reach Out Mbuya operates a robust laboratory system and pharmacy at each of our four permanent sites. Our staff participate in external quality assessments carried out by NTLP and are able to provide in-house laboratory tests for our HIV+ patients.</th>
</tr>
</thead>
<tbody>
<tr>
<td>We perform quality testing and follow up practices.</td>
</tr>
<tr>
<td>The pharmacy has dispensed ARVs and other medication according to standard procedure with zero stock-outs.</td>
</tr>
<tr>
<td>In partnership with Medical Access Uganda Limited, we acquired and perscribed opportunistic infection, RDTs and anti-TB drugs.</td>
</tr>
<tr>
<td>We Provide in-house laboratory tests for our HIV+ patients in, HIV &amp; Viral load testing, Sputum analysis, CD4/CD8, HCG, Toxo Screening &amp; VDRL.</td>
</tr>
</tbody>
</table>
**Child Protection**

Reach Out Mbuya’s Medical, Community, and Prevention teams work every day to ensure that children infected with or affected by HIV are healthy, educated, and able to thrive. Youth and adolescents in our program benefit from holistic care approaches that give us hope for the future.

### Education:
- **621** Orphans and Vulnerable Children (OVC) benefitted from school fees support in 2017.
- **53%** of our school fees beneficiaries were female.
- **24** beneficiaries graduated with a certificate or degree this year.
- **1,557** OVC received the scholastic materials they need for learning and growth in school.

### Health
- **690** children and adolescents have benefitted from Play Therapy, which supports the treatment of chronic stress and isolation.
- **76.6%** Viral Load Suppression rate for children 12 years old and under compared to 39.3% for children aged 0-14 nationally.
- **84.3%** of our clients aged 13-18 are living with viral load suppression.

### Psychosocial Support
- **674** children attended Friends Forum programs. 54% are female.
- **50** Young Adults meet monthly to mentor younger People Living with HIV, and plan for their futures.
- **40** adolescent clients were trained by Pill Power in empowerment and skills building.
Youth & Adolescent Empowerment

Beyond medical care, Reach Out Mbuya operates programs to ensure our beneficiaries feel mentored and supported—regardless of their HIV status. **Friends Forum** is a hallmark group of HIV+ children who meet each month to share experiences and have fun.

By demand from our beneficiaries this year, our Community team launched **Young Adults Forum**, which is comprised of graduates of Friends Forum.

In an effort to encourage young people to accept their HIV status and disclose to their families and communities, Reach Out Mbuya engaged advocacy and empowerment organization **Pill Power** to train adolescent clients in empowerment and skills building. 432 HIV+ youth attended the annual **Bread of Life Camp**, which is organized around the school break. This week-long camp engages young people who may be new to our programs and welcomes clients into our community through dialogue, games, and dance.

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**STRONG CONNECTIONS BUILD HOPE: ENOCK’S STORY**

“I found out I was HIV+ a few years ago when my mother and father sat me down, and I felt so bad. I wasn’t sure how I got the virus. I was getting medicine but I didn’t know why. Then I became involved in Friends Forum and other programs at Mbuya, where so many people are living with HIV. I learned that my life isn’t in trouble, and I can still learn new things. I made a new friend at Bread of Life Camp named Isaac. We went to the pool and were playing and I found out he lives near me. It is nice to have a friend like him because sometimes the other kids don’t let me play with them at school. But I love learning and I want to become a pilot.” – Enock, 11, P6 at Kiswa Primary School.
Empowering Youth Through Music Dance and Drama:

Reach Out Mbuya engages teachers at the primary and secondary level and equips them with knowledge to empower and protect adolescent students from HIV/AIDS and violence. In 2017, 165 teachers were trained as Peer Teachers, who promote behaviour change and communication campaigns in their classrooms. Through their leadership, over 4,000 students were reached with skills and knowledge necessary to protect themselves. Peer Teachers were engaged to produce the annual Music, Dance, and Drama event that was held at National Theatre in July. A total of 3,227 adolescents and youth were reached through this program—62% of whom were young women and girls. At the final event, participants and audience members heard from Hon. Rosemary Seninde, who represented First Lady Janet Museveni as Guest of Honour.

Reach Out Mbuya’s Exploring Talents Club is an African dance troupe and brass band for our youth. Taking center stage at national functions including the National Paediatric and Adolescent HIV/AIDS Conference helps build confidence and encourages our beneficiaries to shine. Exploring Talents Club have also performed at private functions, contributing to the sustainability of Reach Out Mbuya’s school fees program.

Snapshots of Child Protection Programs

Adolescent beneficiaries of our school fees program receive sanitary pads and information about their menstruation from ROM community staff.

Celebrating five of our 24 graduates who completed a certificate or degree in 2017.

A young girl tests for HIV with her family. The finger prick may hurt, but regular tests will ensure this child can grow to her full potential.

School children prepare to run in our 2018 HIV/AIDS Charity Run, an annual event that raises funds for school fees.

Young people play a game during adolescent clinic, a monthly clinic session that gives teens essential socialization and life skills.

Children in our community organize a game during a monthly Friends Forum event.
Committing to Drug Adherance: VIVIAN’S STORY

Vivian Namara, 21, is a young woman, an advocate, and a beneficiary of Reach Out Mbuya. When she discovered that she had HIV at a young age, Vivian felt sick, depressed, and rebellious. “I know about self-stigma because so many youth living with HIV have been through it,” she explained.

Through the strong support of her Grandmother, Vivian adhered well to her treatment regimen and her health improved tremendously. Though Vivian grew stronger physically through medication, she felt marginalized in her community and felt she could not grow to her fullest potential. “I was feeling fine, but there was too much negative talk around me about what HIV looked like. I wondered why they kept pointing fingers at me yet I had taken my drugs,” she said.

She experienced abuse from family members and started performing poorly in the classroom. Desperate to feel protected and be like other girls her age, Vivian stopped taking her drugs and tried to hide her HIV status from others. Her Grandmother noticed her negative behaviours and took her to Reach Out Mbuya’s Friends Forum in 2010.

At Friends Forum, Vivian joined a community of empowered and engaged youth living with HIV. She shared her challenges and built strong relationships with her peers and Teenage and Adolescent Supporters. “I always ran to Reach Out when I found myself overwhelmed with emotion. The counsellors never gave up on me. They even gave me the opportunity to learn through vocational training. I started to look at life in a positive way,” she explained. Vivian, who aspires to become a professional hairdresser, is now living with suppressed viral load and works as a Peer Mentor through the Friends Forum program. She is also involved in HIV advocacy efforts to raise the visibility of PLHIV and end community-based stigma.

“I now help people to be open about themselves and not feel shame. It is always better to accept who you are and life will be better for you, trust me.” she explains.

Legal Support and Birth Registration

To ensure our children are protected and represented in civil society, we partnered with Local Councillors, the National Identification Registration Authority (NIRA) and Nakawa Division.

124 cases of child abuse, including incidence of neglect, sexual, physical, and emotional abuse were handled with support from the Probation and Social Welfare Office, the Child Helpline, and the Child and Family Protection Units.

1,354 children (643 male, 711 female) were supported in registering for birth certificates.
**BECOMING A PEER LEADER: AMINA’S STORY**

“Reach Out Mbuya has helped me know who I am. I had a lot of shyness in me and felt stigma, but have grown strong through the program. Even today I wear Reach Out t-shirts because I should celebrate what makes me happy. Last year at Friends Forum, I even stood up and spoke, which surprised me. I spoke to Spark TV and reached the youth with my story. Now as a peer supporter my role is to help the young ones. They ask me strategies and tell me how they feel.” – Amina, Peer Supporter

**Caring for Caregivers**

The Reach Out Mbuya model shows that children are best supported when they live in stable households with empowered caregivers. Because of this, we operate programs for the caregivers of HIV+ and HIV-affected children.

- The Grandmothers Project, operating primarily in the rural villages near Kasaala, Luwero District, works to combat social isolation and mobility challenges that the elderly often face. The project provided health care services to 1480 grandmothers, and helped connect these women to markets and support groups in the villages.

- The Young Mothers Club is a monthly gathering of young new mothers that require skills in parenting, nutrition and newborn care, and economic empowerment. In 2017, over 150 young mothers attended our programs that encourage healthy parenting and living habits.

- With support from the Centers for Disease Control and Prevention, Reach Out Mbuya’s beneficiaries, both parents and children, were trained in the Sinovuyo Caring Families Programme for Parents and Teens. This ongoing training program ensures that parents and their children have caring and trusting relationships—a key prevention method for unhealthy living and social behaviours.
Reach Out Mbuya has accelerated economic support through sustainable initiatives that enhances livelihoods and food security among our beneficiaries. Here are our 2017 results:

**Village Saving and Loans Associations (VSLA)** were first implemented in 2009 as a way of promoting a saving culture among our clients. These independent, self-selected and managed groups of 15-30 people collect weekly savings and operate as a small safety net for its members and their families.

- **435** VSLAs were supported by Reach Out Mbuya by the end of 2017.
- **67%** of participants are running small Income-Generating Activities.
- **15** Village Agents were trained in the VSLA model. These Agents later mobilized and formed 23 new groups with 442 members (70.5% female).
- **191** Children and young people were trained in essential skills in Kampala and Luwero.
- **313** grandmother-headed households benefitted from agriculture support in the form of orange fleshed sweet potato vines and seeds.

**VERONICA’S SKILLS BUILDING EXPERIENCE**

“I stopped work in P7 and started helping my auntie with housework. In the future [after my tailoring training], I will not be how I was. I will be someone my mother will be proud of. I have learned new skills that will help me, but most importantly I believe in myself that I will make it.” Veronica Tushabe, 16, Tailoring and Skills building program
Through our work serving vulnerable communities, Reach Out Mbuya has known how HIV and violence can deeply impact the rights of victims and their families. Further, because violence increases vulnerability and decreases autonomy, violence prevention work has a direct link to HIV prevention. Married women who experience violence are up to three times more likely to contract HIV. Additionally, PLHIV are at a higher risk of being victims of violence from their partners, families, and communities. This year, Reach Out Mbuya scaled up gender-based violence prevention activities to address domestic power imbalances, stigma, and economic control that is ingrained in community norms.

Since Gender-Based Violence (GBV) is rooted in norms, Reach Out Mbuya engaged leaders and their constituents in trainings and dialogues. These sessions worked to improve institutional understanding of GBV, strengthen referral networks between duty bearers, and identify at-risk homes for counselling support.

14 GBV sensitization campaigns were held across the villages where we work.

893 clients in care were screened for GBV.

4,200 community members were reached in Kampala, with messages on the cause and effects of GBV and reporting processes.

60 Local Council members and 124 staff were trained on the essentials of GBV.

3 media appearances on Radio Maria and NTV Uganda to create awareness on Gender and Human Rights issues of Women and Children living with HIV/AIDS.

Case Management:

Reach Out Mbuya is instrumental in direct support of GBV victims through our Legal Support program. Here, our community team hands over essential GBV documentation forms for Kampala police stations. Right, Local Council members meet to discuss GBV case management at Mbuya site. In 2017, 6,000 referral forms were reproduced and distributed to support Child and Family Protection Units. Our Legal Assistant also provided support to clients on issues relating to birth certificate documentation and land rights.

“I had some experience dealing with GBV cases in my community, but we were having challenges with referring and reporting to the police. Through Reach Out, we now work hand in hand with the police. This connection had been lacking. For medical needs, Reach Out Mbuya is a key resource for us. If I feel I don’t have enough knowledge about a case, I call ROM and they will support us.”

-Byaruhanga Edmund, LC Defense Mutungo Zone 4
Celebrating Partnerships
Centers for Disease Control and Prevention (CDC)

In 2010, the CDC and Reach Out Mbuya signed a seven-year cooperative agreement to expand the capacity of local organizations under The President’s Emergency Plan for AIDS Relief (PEPFAR). Through this partnership, Reach Out Mbuya was able to provide lifesaving treatment to thousands of people living with HIV in Uganda’s Kampala and Luwero Districts. In 2017, we concluded our Cooperative Agreement with CDC and are proud to report the following results:

- **14,255** HIV+ people were identified, and 72 percent received care, treatment, and support from Reach Out Mbuya through the agreement.
- **159,315** people were counselled and tested for HIV; 9% were found positive.
- **2,255** HIV negative babies were discharged throughout the CDC agreement period.
- **4.5% - 0.5%** decrease in client mortality rates throughout the partnership.

**U.S. High-Level Delegation Visit**

To commemorate our lasting partnership, Reach Out Mbuya hosted CDC Director Dr. Brenda Fitzgerald, Ambassador Deborah R. Malac, CDC Uganda Dr. Lisa Nelson, and other high-level U.S. Delegates following the fourth October 25-27 Global Health Security Agenda (GHSA) ministerial meeting in Kampala. The delegation interacted with beneficiaries of our holistic care program, and met John Robert Engole, Reach Out Mbuya client and first-ever beneficiary of PEPFAR support.
Our Finances

Financial Summary Statement for the Period Ended 31 December, 2017:

<table>
<thead>
<tr>
<th>Income Category</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grant Income</td>
<td>4,988,912,445</td>
<td>4,404,451,428</td>
</tr>
<tr>
<td>Drug Donation</td>
<td>2,423,268,747</td>
<td>2,795,471,895</td>
</tr>
<tr>
<td>Other Income</td>
<td>364,831,716</td>
<td>491,248,369</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>7,777,012,908</strong></td>
<td><strong>7,691,171,692</strong></td>
</tr>
</tbody>
</table>

Expenses Classified by Percentage

- Administration costs 7%
- Staff costs 29%
- Direct Program costs 64%

Our Staff

The Reach Out Mbuya staff community is 145 members strong, including 103 established staff members and 42 community-based supporters. Our workforce includes 38.5 percent client involvement and 65.3 percent female.

Recruitments

In 2017, the Human Resources Department was glad to announce major recruits, including our Executive Director, Monitoring and Evaluation Manager, and Community and Social Support Manager. We also continued our partners with Global Health Corps and recruited two fellows in the 2017/2018 cycle—the Communications and Partnerships Officer and Strategic Development Officer. We also welcomed 39 volunteers and a part-time Paediatric Medical Doctor to support our programs. 35 student interns were received, including four international residents from Germany and Canada.

Capacity building

Reach Out Mbuya staff spent cumulatively 165 days (1,316 hours) of staff time on capacity building throughout the year. On average, each employee benefitted from over 10.6 hours of training time throughout the year. These programs included in-house training, external education programs and continuous medical education.

Exits

Seventeen staff exited Reach Out Mbuya in 2017, compared to 23 who existed in 2016. Fourteen staff exited through resignations and three were terminated as a result of abscondment.
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